DOCUMENT RESUME

ED 447 120 SP 039 602

TITLE	Throw Like a Girl: A Revolution in Women's Sports. Curriculum Guide.
INSTITUTION	Minnesota Univ., Minneapolis. Tucker Center for Research on Girls and Women in Sport.
PUB DATE	2000-05-00
NOTE	16p.; Supported by Medtronic Foundation, KARE 11 Television, and Minnesota Lynx.
AVAILABLE FROM	Tucker Center for Research on Girls & Women in Sport, College of Education & Human Development, University of Minnesota, 203 Cooke Hall, 1900 University Avenue Southeast, Minneapolis, MN 55455; Tel: 612-625-7327; Fax: 612-626-7700; E-mail: crgws@tc.umn.edu; Web site: http://www.kls.umn.edu/crgws/.
PUB TYPE	Guides - Classroom - Teacher (052)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	*Athletes; Civil Rights; *Comprehensive School Health Education; Equal Education; *Females; Physical Activities; *Physical Education; Secondary Education; *Womens Athletics
IDENTIFIERS	Minnesota; *Title IX Education Amendments 1972

ABSTRACT

This curriculum guide helps teachers explore themes presented in a companion videotape, "Throw Like a Girl." Curriculum objectives, instructional strategies, and assessments align with the video's four-part structure. The video presents the story of what it has been like for females to play sports as told through the eyes of different generations of Minnesota families. It discusses barriers that had to be overcome in order to reach a landmark movement in women's sports (the 1972 passage of Title IX) and all of the victories that have occurred in its wake. It is a story about females participating at all levels of sport and about the impact of sport on women and their families, communities, and countries. The four curriculum units are: the history of Title IX; the media's portrayal of women in sports; the psychological, sociological, and physiological implications of women's participation in sports; and important athletes and leaders in the history of women's sports. Each unit includes unit objectives, instructional strategies, student assignments, and assessments. Subject areas include physical education, health, social studies, history, and media studies. The assignments may be adapted to meet the developmentally appropriate needs of students in grades 7-12. (SM)

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